

NORTH PLATTE R-I SCHOOL DISTRICT

North Platte Panthers

Fall 2022

From the Superintendent:

We have just completed the first quarter in the North Platte R-I School District. Students, parents, and staff have been working together to ensure students are learning and growing to their full potential.

Our fall sports season has wound down and was one full of many successes. Our girls cross country team ended the season with the fifth team state championship for North Platte in the last three years, with the others being 2022 Girls Track, 2021 and 2022 Boys Wrestling, and 2021 Academic Bowl. We still begrudgingly do not get to count the 2020 academic bowl and girls track teams who would likely have won state if not for the COVID-19 shutdown. We also had our district and conference champion boys cross country team place fourth at state, an outstanding softball team who finished with a record of 22-4, and the incredible turnaround season of our football team that finished with a 6-5 record this fall, giving them their first winning season since 2011. More importantly, our students and coaches in all our activities were great

representatives of our district and competed well throughout the fall season.

In August, the North Platte Board of Education set the operating and debt service levies for the 2022-2023 school year. The board elected to keep the total levy the same as in 2021-2022, but adjusted the fund one levy from \$3.7902 to \$3.8328 while adjusting our fund 3 debt service levy from \$0.9498 to \$0.9072. This kept our overall levy at \$4.74, which is the second lowest of all districts that border North Platte. Our 2021-2022 fiscal year ended with an operating fund balance of just over \$3.64 million. This was an increase of over \$520,000 from the previous year. While the district has moved into a solid financial position over the last several years, we will again be operating on a needs-based budget as we make our financial decisions based on the educational well-being of our students and the long-term stability of the district. We project our revenues to exceed expenditures in our operating fund for the 2022-2023 school year by approximately \$100,000. This is largely due to extra state transportation funds that the district expects to receive this year, but may not in 2023-2024.



The district has now implemented multiple means of social media communications. Be sure to check out our district Facebook group, the North Platte App, our Twitter account, our text messaging service, and our website. Information on these platforms is available at our website nppanthers.org.

I want to thank our students, staff, parents, and community for a great start to the year. The flexibility of our whole community has enabled us to continue to provide a quality educational program for our students. If you have questions or concerns throughout the year, please contact me at karl.matt@nppanthers.org or 450-3511.

Karl G. Matt
Superintendent

In this issue you will find information on:

- **District Goals**
- **School News**
- **Honor Rolls**
- **Upcoming Closings**
- **School Text Messaging**
- **Parent Up Info**
- **Fall Sports Awards**
- **Trivia Night**

NORTH PLATTE R-I SCHOOL DISTRICT DISTRICT GOALS 2022-2023

The North Platte R-I School District has a mission of being dedicated to empowering all individuals to successfully meet tomorrow's challenges. Our staff is committed to ensuring our students meet this goal by implementing innovative teaching and assessment strategies to help children reach the high standards set by our educational, co-curricular, and extra-curricular programs.

1. Develop and enhance quality educational/ instructional programs to improve performance and enable students to meet their personal, academic, and career goals.
2. Recruit, attract, develop, and retain highly qualified staff to carry out the LEA (Local Education Agency)/District mission, goals, and objectives.
3. Provide and maintain appropriate instructional resources, support services, and functional and safe facilities.
4. Promote, facilitate, and enhance parent, student, and community involvement in LEA/District educational programs.
5. The North Platte R-I Board of Education will govern the district in an efficient and effective manner providing leadership and representation to benefit students, staff, and patrons.

North Platte Elementary and Intermediate Schools 2022-2023 Building Goals

- Use data to drive small group and RTI instruction
- Increase parental involvement in the student educational process and activities.
- Increase the usage and implementation of spiral reviews to increase student retention of key learning objectives.
- Utilize appropriate techniques to increase student attendance.
- Stabilizing teacher placement in the same grade level, when possible, so they can become better acquainted with the curriculum.

North Platte High School and Junior High Building Goals

- Utilize appropriate techniques to increase student attendance.
- Promote positive classroom behavior and culture to reduce discipline referrals.
- Utilize multiple techniques to improve student performance on mathematic assessments.
- Improve school climate and culture through character and anti-bullying initiatives.
- Increase parental involvement in the educational process through improved communications.



NEWS FROM THE SCHOOLS



Elementary

North Platte Elementary students and staff have enjoyed a great kick off to another school year! Our students have been busy with reading, writing, math, science, social studies, and specials. However, the teachers have found time to incorporate some fun with all the learning!

Kindergarten started the school year off with a scavenger hunt throughout the building based on the book *The Kissing Hand* only to find that the main character in the story, Chester the Raccoon, had left a cookie for each child in the classroom. We learned about animals that are nocturnal just like Chester the Raccoon. Learning letters is a big goal in kindergarten. We started that journey off with the book *Chicka Chicka Boom Boom*. The students made a coconut tree filled with the letters that are in each of their names. We also learned about bus safety and made a special school bus snack. In September, the students had fun learning about apples. We tasted, graphed, and wrote about apples. The students learned about seasons and the apple tree life cycle. In math this quarter, the students learned about numbers 0-10 by doing lots of counting, writing, and comparing numbers. We have just finished a math unit on classifying and sorting objects. Lastly, in writer's workshop, students have been focusing on creating their own stories by drawing pictures, labeling, and trying to write the sounds/words they know to go along with their stories.

First grade has been doing many fun activities to kick off our year! In reading, we have worked on rhyming, blending sounds, identifying fiction versus non-fiction, finding syllables in words, making connections, visualizing, and locating key details. In math, we have been learning how to think through problems, share our thinking, and to read, write, and count to 120.

We also focused on number patterns, place value, comparing numbers, and addition strategies. In writing, we have written stories about animals we like and places that are special to us. We also wrote about our grandparents, the first day of school, scary Halloween monsters, and places in our community. In social studies, we learned why rules are important now as well as when we get older. In science, we learned about what pets need. We really enjoyed having our grandparents in the building and playing with them on Grandparent's Day. We are so excited to enjoy the rest of the year with these fantastic first graders!

Second grade has been learning a lot in first quarter! In reading, we have learned how to identify key details in a story, make predictions about the text, and how to summarize a story by telling the beginning, middle, and end. In writing, we are learning how to create quality sentences and how to use the writing process as we begin our narrative writing unit. In math, we learned about number patterns, how to write our numbers in different forms, and how to use an array. We have also done some fun projects like planting flowers as we learned about life cycles of plants and, most recently, we made a salt dough map of Missouri. The kids can't wait to bring them home to show their families! We are looking forward to many more fun projects next quarter.

In art class, we have been making many memories. The very first project students did was "Art To Remember" to commemorate the year. We do this yearly to give a lasting memory that doesn't fade or get lost with time. We appreciate your support with this wonderful fundraiser. PK has completed "Fox in the Woods" landscapes and now we are working on cityscapes. Kindergarten and first grade have been creating cut and glue pizzas and melting color mixed fall trees. Kindergarten students are also getting ready for the Turkey Tango with Native American vests. First grade is studying modern art while doing Mondrian paintings. Second grade just finished up "Cat in the Window" perspective landscapes using size and placement relationship in composition.

The elementary and intermediate counseling programs are continuing the new curriculum called Second Step, which was made possible last year by an NEA grant.

PK-2 students spent the first quarter working on important skills that help us become successful learners. Students reviewed the listening rules, practiced focusing their attention, learned to be assertive when asking for help, and learned to use positive self-talk inside their heads to aid their learning. The elementary students also began studying "empathy" during the first quarter to become aware of how others feel in the classroom, on the playground, and other settings. October is Anti-Bullying Month, so students are studying ways to recognize, report, and refuse bullying in our schools and other environments via the Second Step curriculum. Bystander power and how to help targets of bullying overcome and stop this behavior is a critical aspect of these lessons.

In computers, all students are learning the names and functions of computer devices. The kindergarten class even took a test over some of these parts! Kindergarten has also been working on using the mouse and guide the cursor. We are using games on ABCya to help discover keys and practice mouse skills. First grade is fine tuning our mouse/cursor skills, beginning to learn the keyboard and home row, and learning how to open programs. Second grade is learning keyboarding, how to open and close programs, and using bookmarks off the computer. In library, students have been busy checking out books, learning how to care for books, understanding the parts of a book and the sections of the library, and making bookmarks. We have read and discussed several stories during our weekly checkouts.

In music with Ms. Coulter, NPE students learned songs and performed them at the Grandparent's Day program. They did an amazing job! We have been working on 3 new songs to perform for the Veteran's Day assembly at the high school. We have also been learning about keeping the beat and tempo.

We have really enjoyed the first quarter this year. We appreciate everyone's support and are looking forward to making many memories this year at North Platte Elementary!

Kellie Goodlet



Intermediate

Teachers and students worked very hard getting the school year started. Students completed their STAR assessments and began working towards their individual Accelerated Reader goal. Each student who meets their goal will have an extra recess each month! The kids have been busy reading, learning, and making memories.

Third grade students finished up their unit over life cycles/ adaptations with their shoebox habitat project. This is the first project they have completed this year. Westward expansion is the next unit of study for social studies. Students have also been busy designing posters for the Platte-Clay Electrical Safety poster contest. The winners will be announced in November. Third graders have been working hard each month to earn their AR points. In September, every student met their goal. Way to go, third grade!

Fourth grade students have had a busy first quarter. They finished up their unit over geography and have begun learning about the first Americans. They celebrated meeting their AR goals during the months of September and October with pop 'n play parties. In science students learned about the scientific method and how to be safe in the science classroom. They have also been learning about place value in math and using various strategies to solve addition and subtraction problems. Fourth grade read the book, The Best Part of Me by Wendy Ewald. They then wrote about their best body parts and included all the reasons why that was their best body part. They're excited to have this book published by Student Treasures, so that they can continue to enjoy it throughout the year. During September the students attended the Homecoming Parade and enjoyed entertaining their grandparents at Grandparents' Day.

Fifth grade students had the opportunity to help launch our Writer's Workshop. Students have published one piece of writing and they are currently working on their second. Students have learned to add sensory details and figurative language to their writing to make their work come alive. Also students just finished reading the novel Hatchet together. They used the novel as a springboard to learn about drawing conclusions, context clues, figurative language, character change and story elements in a meaningful way. In social studies, students are building a classroom timeline as they chart the events from the birth of our country to modern times. They are currently learning about the Civil War. Fifth grade students finished learning about the changes in matter in science. They have started to learn about the Earth's systems. Math class has been busy learning about multiplying whole numbers and decimals. In the midst of learning, students have also celebrated Grandparent's day and held AR Goal Celebrations for reading.

At the end of August, fifth grade students had the opportunity to join the North Platte Band. Students met with our band teacher, Mr. Fedrizzi, to learn about the band program. A band rental night was held so students could rent or purchase their instruments from Palen Music. Parents were also able to gain additional information about the band program. The 5th grade band currently has 33 students enrolled in the program.

Intermediate students have been reviewing keyboard placement and working on improving fluency. They use TypeTastic to hone in finger placement and typing faster. They completed a Google slide project for Grandparent's Day to demonstrate some tech skills. Also, they have been busy in October working on making a slide project for each grade level. The 5th Graders are making a Jack- O-Lantern, the 4th graders are writing a Halloween party invitation, and the 3rd graders are building a haunted house. These are fun projects that they are excited to complete. They will begin units about internet safety and computer fundamentals next.

Mrs. Scroggins organized lessons for anti-bullying week October 11th-15th. Intermediate students learned how to recognize, refuse, and report bullying. Students also learned about the power and responsibility of a bystander. They talked about how one person can make a big difference in someone else's life if they step-in and help put a stop to the bullying.

Creativity has been going full force in Mrs. Kern's room. We finished our first project of the year, "Art To Remember". Hopefully all orders get in, but if you don't need it by Christmas you may put your order in late. All grades did a Native American Unit. 5th Grade did Native American Shields that have a leather look. We talked about Northwest Coast Tribes that had totem poles (3rd grade) and Chilkat blankets (4th grade). Art Club is working on clay and getting ready for a project painting Northern lights and for Christmas we're making candy house ornaments!

In PE with Mrs. Fogal, NPI students did a great job on their first round of Fitness Testing including the PACER running test, Curl Up, Push Up, and Sit and Reach flexibility tests. We finished up Muscle and Bone units in Health and covered units on volleyball, football, and kicking games. Next up is a crowd favorite, basketball!

In music with Ms. Coulter, NPI students learned songs for their grandparents and performed them at the Grandparent's Day program. They did an amazing job! We have been working on 3 new songs to perform at our Veteran's Day assembly at the High School. We also have been learning about the treble clef and the different types of musical notes.

Thank you for sharing your child with us. We are looking forward to a great year full of learning and fun. We appreciate your support and your dedication to your child's education.

Kellie Goodlet

Junior High

Though it may be cliché to say, it is hard to believe that we are already one quarter into the 22/23 school year. We have had a great start to the year for both staff and students. For those receiving this newsletter in our Panther Community who have not yet heard, we have had added a few new staff members, as well as had some staff move to new positions in our building(s) this school year.

We would like to introduce Luke Armstrong (vocal music), Jon Sullivan (JH/HS ELA), Jared Quigley (JH/HS PE & Conditioning). Staff in new positions for us this school year are Daniel Atkinson (Industrial Tech/Woods), Amy Matt (JH Science), Farrah Seckel (HS Science), Doug Lee (JH STEM/Computers/Math), Kevin Ginter (HS Social Studies), and Braydn Kemper (HS Math).

Additionally, with the resignation of our HS Special Education Teacher, Courtney Miller has stepped in for the interim to fill this roll for our HS Special Education Department, and Denise Scarlett, who retired from North Platte at the end of the 20/21 school year, has stepped in for the interim in our JH Special Education Department. Lastly, we welcome Officer Ariel Slatier as our School Resource Officer for the 22/23 school year.

Our 6th, 7th, and 8th grade students have had a good start to the year. Our 7th and 8th grade students have had opportunities to participate in football, volleyball, cross country, and cheerleading for extra-curricular activities. Additionally, this school year, our 7th and 8th grade girls had the opportunity to participate in softball. This is the first season that our students have had to participate in junior high softball, and we are excited to provide this opportunity for our students and community. Student Council elections were held in the junior high at the beginning of the quarter. Students elected to represent their grade: 8th Grade- Emily Goodlet, Annabell DeBord, Taylor Sipes, and Devin Navarro; 7th Grade- Farris French and James Lee; 6th Grade- Mason Lingle and Creighton Kubly.

Our junior high fall sports season wrapped up the week of October 15th. We had good participa-

tion in all of our activities, and our students had great opportunities at exposure and learning in their respective sports. JH Football finished their season with a 1-5 record. JH Softball finished with a record of 8-4. JH Volleyball finished with a record of 2-10. Our JH Cross Country team finished their season at Platte Ridge Park for the Conference meet on 10/15/22. They made a lot of improvements throughout the season, and had a lot of medals that their kiddos (6 boys and 3 girls) were able to earn through their performances. The fall awards program will be held on January 13th, 2022 in conjunction with the winter sports awards. Junior High basketball practices began October 10th. Junior high wrestling practice also began on October 10th.

Our sixth-grade students are participating in their annual Show Me Character Drug Awareness program. This program is facilitated by our resource officer, Deputy Ariel Slatier. Officer Slatier meets with the students once a week to bring awareness to the dangers of drugs and alcohol. The students have enjoyed this program and are excited to host the Graduation on November 22nd at 2:15 pm in the junior high gym.

The Junior High will be continuing with the Character Program this year. Each month a character word is featured and the faculty will select one female and one male student who they feel exemplifies that particular word. Those two students will receive recognition, a fast pass to lunch for the following month, and a homework pass. The word for the month of September was "responsibility." The two students chosen to best represent "responsibility" for the junior high were Taylor Sipes and CJ Spencer. The character term for the month of October is "respect;" November's word is "citizenship," and December is "compassion."

On September 30th, the high school celebrated homecoming. Our junior high was able to participate in some of the festivities as well throughout the week. Students had the opportunity to participate in dress up days, a fun activity during passing time on Homecoming day, as well as attendance at the Homecoming Parade and Pep Rally. Our junior high students, also earned as part of their behavior incentive an opportunity to have a dodgeball tournament in the JH gym on the day of homecoming as well. We would like to thank all of the staff, parents, and volunteers that took part to help this be a memorable and fun week for our students.

We are happy to announce the return of our woods class to our junior and high school curriculums. This is a great addition to our curriculum and we are excited to bring this industrial art offering back to North Platte. Mr. Atkinson is teaching this course for us, and is beginning the process of implementing projects with both our junior high and high school students.

The Community in Action Know it to Win It contest and school dance was held on Friday, October 7th. We had great weather and the kids enjoyed corn hole, yard Jenga and other yard games in addition to the dance. Thanks to Central Bank for the donation of food for this event.

We have had a good start with our attendance for the first quarter. We have a building goal of 95% or better attendance. Our students achieved this goal with a 96.14% attendance percentage, with 35 students achieving perfect attendance.

Derek Colburn

High School

Though it may be cliché to say, it is hard to believe that we are already one quarter into the 22/23 school year. We have had a great start to the year for both staff and students. For those receiving this newsletter in our Panther Community who have not yet heard, we have had added a few new staff members, as well as had some staff move to new positions in our building(s) this school year. We would like to introduce Luke Armstrong (vocal music), Jon Sullivan (JH/HS ELA), Jared Quigley (HS PE & Conditioning). Staff in new positions for us this school year are Daniel Atkinson (Industrial Tech/Woods), Amy Matt (JH Science), Farrah Seckel (HS Science), Doug Lee (JH STEM/Computers/Math), Kevin Ginter (HS Social Studies), and Braydn Kemper (HS Math). Additionally, with the resignation of our HS Special Education Teacher, Courtney Miller has stepped in for the interim to fill this roll for our HS Special Education Department, and Denise Scarlett, who retired from North Platte at the end of the 20/21 school year, has stepped in for the interim in our JH Special Education Department. Lastly, we welcome Officer Ariel Slatier as our School Resource Officer for the 22/23 school year.

Our students and staff had responded in many positive ways to several changes this school year. First and foremost of change has been with our master schedule. Our high school has been accustomed to many years of block scheduling with our purple and gold schedule. We have added a third day to our schedule and now have a purple, gold, and white day schedule. Our purple and gold schedule is block scheduling as it has been for many years, and the white schedule is an 8-period schedule where students attend all four of their purple and gold day classes on the same day. This change has proven beneficial in allowing students to have more days in a given week where they are exposed to the various contents that are on their course load. We have, no doubt, had challenges along the way, but our students and staff have worked hard to adapt and adjust with a positive mindset. We truly appreciate their work and resiliency that have been put on display this first quarter.

On September 14th and October 12th, we were able to welcome families into our building for parent teacher conferences. As always, this time is beneficial for partnering with our families to enhance the educational experience of our students.

Our National Honor Society welcomed the addition of nineteen new members on Wednesday, September 28th. Mr. Cary and current honor society members hosted a ceremony for new inductees and their families. These students have demonstrated a great commitment to academics, character, and service, and are to be commended for their dedication. The chapter also held their fall blood drive this past Thursday, October 20th at the high school. In tandem with the blood drive, it was a busy night at NPHS with our FFA's annual hog roast, as well as a senior night victory for our varsity football team versus Lathrop. It was a fun evening for our community.

As previously mentioned Mrs. Paxton's annual FFA Hog Roast was a success again this year! We want to thank all the volunteers and businesses who donated their time and supplies to this event. Mrs. Paxton has also continued working with the Plant Systems class on how to arrange flowers and make corsages. The Senior night flowers that are handed out to senior parents were made by Mrs. Paxton's class as part of this class project. She has also continued with identifying and working with her classes on landscaping maintenance and projects as part of school beautification projects for our campus.

On September 30th, the high school celebrated homecoming. Our student council and cheerleaders painted purple and gold paws on the street entering our school to start homecoming week off. This year's homecoming allowed our students to take part in many of the activities and traditions that we have not had the opportunity to take part in over the last couple of years. School spirit was high, and students had a great time with decorating floats for the parade, eating lunch down at the park, painting parking spots in front of the weight room, creating video skits, and decorating the fence down by the field, as well as having an amazing and memorable pep rally for our students. We would like to thank all of the staff, parents, and volunteers that took part to help this be a memorable and fun week for our students. Additionally, we would like to thank Nodaway Valley Bank for the donation of food and cooking for lunch on Homecoming Day! Our 2022 homecoming royalty: Prince-Remington Carter, Princess- Allison Morelock, King - Seth Cruz and Queen- Felicity McCulloh.

North Platte and West Platte juniors and seniors participated in the Arrive Alive Event held on October 25th at the Dearborn Community Center for North Platte.

Arrive Alive reminds students of the dangers of speeding, distracted driving, and the prevention of unintentional injuries. The feedback for this event has always been positive, and serves as an eye opening and impactful experience for students.

Our North Platte Panther Pride Marching Band has been playing at all home football games throughout the season. The band plays in the stands during the game, in between plays, and then at halftime they put on a show based on the music from Marvel's The Avengers movie series.. On Saturday, October 8th, the band competed in the Missouri Western homecoming parade where they earned 1st place for parade marching. On October 21st, the band put on their annual Glow show. The band performed after the football game with the lights off. Each band member was completely covered in glow sticks. This event has become a staple for our students and they look forward to the opportunity to perform for this event. The band has had a fantastic season, and is quickly transitioning to the concert band portion of their year.

As our fall sports are winding down, we can be proud of the fine job our students have done representing North Platte High School. Coaches and players should be proud of their efforts. Some of our athletes have already been honored on all-district and conference teams.

Our softball team finished a great season with a 22-4 record and lost in the district championship to Mid-Buchanan. They finished the season with their best record since 2015, and KCI co-conference champions. As of this writing our football team is enjoying a winning season with a 5-4 record and is preparing for their district matchup at North Platte versus Carrollton on October 28th. The Volleyball season ended on October 22nd at East Buchanan and the North Platte athletes and coaches are to be commended for a great fall season in which they represented our school

The North Platte Cross Country teams started the championship portion of their season at the KCI Conference meet at Platte Ridge Park on Saturday October 15th. They had a great day at the KCI Cross Country Championships with both girls and boys finishing as conference champions! Chloe Heckman is the girls individual conference champion, and this year's boys team represented their team's first ever KCI Conference championship in Cross Country. They edged out West Platte by 1 point! The team, as of this writing, is preparing for their district meet that will be held on October 29th, and another chance to compete at the state level.

Our cheer team is preparing for the beginning of the winter sports season. Our competitive cheer team is also preparing for their opportunity to compete at the state championships in Cape Girardeau on December 10th. We congratulate the team on this accomplishment!

The Fall Awards are scheduled to be held on November 9th at 6:30 pm in the high school gym for football, volleyball, softball, cross country and cheer.

On November 18th, the Academic Bowl Team and the FBLA will sponsor Trivia Night. The cost to participate is \$10 a person with a maximum of six people per team. The money raised will be split between the two programs. Our FBLA also organized Socktober again for the month of October. This is a sock drive with donations going to our community pantry.

We are happy to announce the return of our woods class to our junior and high school curriculums. This is a great addition to our curriculum, and we are excited to bring this industrial art offering back to North Platte. Mr. Atkinson is teaching this course for us, and is beginning the process of implementing projects with both our junior high and high school students.

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Derek Colburn

SCHOOL MESSENGER TEXT NOTIFICATION SYSTEM

Our school district uses the SchoolMessenger Notification System to provide timely communication to parents and staff members on matters such as inclement weather days, event cancellations and campus emergencies. Parents/Guardians and Staff members are automatically included into the system and only require an initial "opt-in" Y to be texted to 67587. Once that is completed, they will be able to receive text messages from the district.

Any NON-Parent/Guardian, (i.e. Aunt, Grandparent, Babysitter), that would also like to receive these same text notifications will need to create an account online. This allows you to control the ways in which you prefer to be contacted. It also works like a mailbox, giving you a place to review messages you may have missed.

If you are not receiving the district's text messages, you may sign up from the home page of the district website, www.nppanthers.org, under the Community Information Tab. Click on the School Messenger link for directions on how to sign up. You may update your preferences or unsubscribe at any time.

Please note: if your cell phone number has changed, you must update your account information via your school messenger login or contact the school office. If you need any assistance with signing up or updating your current information, please call the Superintendent's Office at 816-450-3511.

INCLEMENT WEATHER

We are closing in on winter and the possibility of hazardous roads. When it is necessary to close school, it will be announced on all of the Kansas City and St. Joseph television stations. In recent years the Kansas City stations have improved their method of announcing closings so that they are quicker at getting the information out.

Trauma-Informed Schools Initiative

Pursuant to Missouri Senate Bill 638, Section 161.1050, the Missouri Department of Elementary and Secondary Education (DESE) established the "Trauma-Informed Schools Initiative."

Information regarding the Trauma-Informed Schools Initiative can be found at <https://motraumaschools.com/>.

Upcoming School Closings

Thanksgiving Break
No School
November 23-27

Winter Break
Early Dismissal December 20
12:30 p.m.

No School
December 21-December 31, 2022

HAPPY NEW YEAR!
No School
January 1-3, 2023

PREVENTING

A NEW GENERATION

OF ADDICTION

FAST FACTS ABOUT TEEN VAPING

- E-cigarettes, or vapes, are much more popular among teens than tobacco cigarettes.
- Vapes are discreetly-sized devices that can be charged via a computer or laptop's USB port.
- They produce a small amount of aerosol that disappears quickly, making them hard to detect.
- Lots of fruity and candy flavors have hooked teens on this nicotine product.
- Vapes are used for highly-concentrated flavored nicotine and potent concentrates of THC (the active ingredient in marijuana/cannabis that creates a mind-altering high).

WHAT VAPES LOOK LIKE



JUUL



Njoy



Suorin Air



Puff Bar



Smok Novo



Dank Vape Cartridge
Back of package:
"THC: 93.18%"

JUUL Pod



Njoy Pod

VAPING HARMS TEENS' BRAINS

- Most vaping devices contain **nicotine**, which is highly addictive.
- The aerosol from vaping is NOT harmless. It can contain harmful substances, including:
 - Cancer-causing chemicals
 - Volatile organic compounds
 - Ultrafine particles
 - Flavorings that have been linked to lung disease (like diacetyl)
 - Heavy metals such as nickel, tin, and lead
- **Nicotine exposure during adolescence can:**
 - Addict youth to the highly-concentrated nicotine or THC.
 - Harm brain development (which continues to about age 25).
 - Negatively impact learning, memory, and attention.
 - Increase risk for future addiction to other drugs.



**ONE VAPE POD =
NICOTINE OF
20 CIGARETTES**



Teens who vape are
**FOUR TIMES
MORE LIKELY**
to start smoking cigarettes
than their non-vaping peers.



**Brains aren't fully developed
until our mid-20s!**



NORTH PLATTE
Community In Action

**PARENT
UP**

Learn more and find free resources at
ParentUpKC.com/Vaping.

PREVENTING

A NEW GENERATION

OF ADDICTION

HOW BIG IS THE PROBLEM?

The average age that youth begin vaping in Missouri is age 13.

More than
1 IN 10

6th - 12th graders in Missouri reported vaping in the past 30 days

11.0% (2022 Missouri Student Survey)

More than
1 IN 3

Northland youth said vapes were "easy to get"

35.6% (2022 Missouri Student Survey)

More than
1 IN 4

Northland youth don't see vaping as harmful

25.7% (2022 Missouri Student Survey)

WARNING SIGNS OF TEEN VAPING

- Nosebleeds
- Increased irritability
- Restlessness/sleeplessness
- Reduced caffeine intake
- Dry mouth (vaper's tongue)
- Increased facial blemishes or slow wound healing
- Increased thirst
- Increased risky behavior
- Frequent use of the bathroom
- Unfamiliar tech, containers, or wires/chargers
- Fruity, minty, or sweet smell
- Slight mist that disappears quickly

YOU CAN HELP END TEEN VAPING

- **Create a safe, open, and comfortable relationship** to talk to your child.
- **Talk about the harms of vaping early and often.** This can cut your child's risk of ever vaping by half!
- **Vaping is harmful to the adolescent brain and can lead to lifelong addiction.** Learn more about the harms of vaping so you can let the kids in your life know why you disapprove. Make it clear you care about their health and safety and you don't approve of them using any vaping products.
- **Be curious and open-minded about kids' experiences.** Ask them questions about what they think, what they know, or what they've heard about vaping. Keep the dialogue open and let them know they can come to you for help with peer pressure, stress, and anxiety.
- **Help youth gain confidence to say "no" to vaping by practicing scenarios.** Prepare your kids for peer pressure and help them brainstorm what to say if a friend or peer offers them a vape.
- **Support teens who want to quit vaping.** If you know a teen who's trying to quit, tell them they can text **"BREAKFREE" to 88709**. They'll receive free, confidential support and tips directly to their phone to help them quit vaping for good.



NORTH PLATTE
Community In Action

PARENT
UP

Learn more and find free resources at
ParentUpKC.com/Vaping.

HIGH SCHOOL HONOR ROLL

FIRST QUARTER

PRINCIPAL'S HONOR ROLL

9th Grade

Elizabeth Archer
Dylan Armstrong
Kate Barnes
Emma Barrows
Galen Christiansen
Grayden Coons
McKenna Cunningham
Augustus French
Lily Gramer
Sophie Greer
Shane Guerrero
Chloe Heckman
Spencer Hyde
Elijah Johnson
Jazmine Johnson
Ayden Jones
Drake Keraus
Alexander Lindsey
Brenden Matt
Hunter Palmer
Jayden Summers
Tristynn Walker
Kate Wolf
Addisen Zweibohmer

10th Grade

Paden Barton
Haylie Burgess
Chloe Drescher
Olivia Greer
Kaylee Griswold
Kylee Griswold
Kayla Humes
Camryn Kersten
Ryleigh Kidwell
Brooke Kretzer
Rena Lammers
Waylon McCracken
Paisley Nelson
Wesley Payton
Katherine Richardson
Grant Schuster
Westin Snook
Wyatt Spradlin
Lillian Wagers
Madison Willoughby
Mya Yarc

11th Grade

Makenna Cartwright
Caitlyn Cummings

Courtney Dehn
Chance Garber
Jaiden Hill
Mark Humes
Cooper Justus
Jade Leopard
Aubree Martinez
Ariana Miller
Kinsey Niedfeldt
Liam Servaes
Kylee Sipes
Alexis Walker
Jesse Williams
John Winkler

12th Grade

Audrey Buckler
Jaylin Burgess
Remington Carter
Jessa Cassity
Kaelynn Cox
Lonee French
Jayce Gibson
Karli Guinn
Carly Hinton
Gracelynn Hoffman
Shelby Lingle
Shelby Mann
Mallory Matt
Felicity McCulloh
Brooke Meadows
Wesley Meadows
Allison Morelock
Kaden Mullendore
Bailey Richardson
Olivia Rogers
Kelsey Rushing
Kalli Schuster
Alaina Scroggins
Taylor Sellars
Jordan Stone

HONOR ROLL

9th Grade

Caleb Anderson
Morgan Ball
Adam Burton
Leala-Ann Day
Jessie Drescher
Christian Dutcher
Areanna Hodges
Blake Hoffman

Quincy Justus
Lincoln Masoner
Aiden McCartney
Chaz McCulloh
Victoria Scruggs
Parker Seckel
Graci Williams
Cameron Wortham

10th Grade

Haylee Allard
Samuel Belanus
Mason Black
Benjamin Jaycox
Derrick Masters
Coen Rainsbarger
Isaac Rainsbarger
Lindsay Ramsey
Baileigh Stubbs
Ava Swanstone
William Wells
Kristopher Whitford
Canaan Wren

11th Grade

Carleigh Adkins
Corbin Britting
Ryder Coons
Joselyn Corona
Sierra Crook
Leah George
Hayden Gibson
Noah Heckman
Colton Kirkham
Katelyn Morelock
Haiden Palmer
Jason Shanks
Nicholas Stewart
Owen Stockbauer
Kenedie Summers
Taylor Walker
Isabella Williams
Ryan York

12th Grade

Kadence Costner
Caleb Greene
Ariana Hartigan
Kenya Kirk
Bella Kitmitto
Ryne Lammers
Joshua Lashbrook
Reece Martellotti
William McCracken



JUNIOR HIGH HONOR ROLL

FIRST QUARTER



PRINCIPAL'S HONOR ROLL

6th Grade

Camden Colburn
Charlie Hinton
Mason Lingle
Darren Manville
Austin Spencer
Jason Stone
Serenity Timm

7th Grade

Kaitlyn Comer
Savannah Crook
Nolan Dehn
Farris French
Addison Guerraro-Skala
Grace Guyer
Scarlett Haughey
Trey Heckman
Grace Humes
Brandy Johnson
Aiden Jones
Francis Kossen
Guenther Lockard
Jonathan McCracken
Kaia Miller
Meika Miller
Jaina Munsterman
Alessandra Sampson
Megan Schuster
Brynlee Scoggins
Janika Seckel
Clinton Spencer
Evie Sullivan
Harleigh Triplett
Farrah Williams
Hudson Yarc
Deidra Zweibohmer

8th Grade

Carson Adkins
Myla Bailey
Hudson Buckler
Brecken Cartwright
Cooper Cummings
Annabell DeBord
Emily Goodlet
Destiny Harrison
Michael Heath
Alex Irvin
Kaysen Iske
Jillian Jones
Collin Kersten
Logan Manville
Devin Navarro
Marilyn Payton
Rylee Perkins
Lane Richardson
MaKenna Scoggins
Nevada Shaw
Taylor Sipes
Taylor Stone
James Speight
Benjamin Tolbert

HONOR ROLL

6th Grade

Mae Belanus
Mayella Chance
Sawyer Coons
Isabella Dunn
Madilynn Estes
Jace Iske
Simon Justus
Creighton Kubly
Alex Marcotte
Jase Marx
Carson Myers
Cale Norris
Taegan Norris
Abigail Paden
Ashlynn Rainsbarger
Jason Reid

7th Grade

Cooper Black
Katelynn Boydston
Chloe Bryant
Tate Gill
Cabe Hill
Keira Kirk
Kellen Lamar
James Lee
Zaya Lee
CJ Lepko
Aydin Megrew
Jaidence Morgan
David Powell
Caden Rogers
Courtney Rossman
Bill Schaffart
Ruby Schmidt
Heston Stockbauer
Ashley Williams
Max Wren
Brady York

8th Grade

Jackson Ballard
Peyton Barrows
Liam Brady
Teaghan Burton
Rainey Dauer
Gage Dunn
Maverick Estes
Aruara Knox
Dominic Martellotti
Dakota Miller
Dylan Miller
Jonathan Rossman
Emily Seabaugh
Jase Smith

INTERMEDIATE HONOR ROLL

FIRST QUARTER

PRINCIPAL'S HONOR ROLL

3rd Grade

Carter Colburn
Danielle Hawley
Marie Holdren
Beau Lockard
Madeline Menke
Bethany Stubbs

4th Grade

Kaitlyn Dale
Benjamin Holdren
Allison McClellan
Briar Munsterman
Leela Pawling
Elise Ray
Hannah Schuster
Frankie Spencer
Emerson Sullivan
Cheyenne Weaver

5th Grade

Willow Bryant
Sawyer Cary
Mason Manthe
Carrico McCracken
Lydia Payton
Raeghan Richardson
Josie Rougeau
Keegan Servaes
Caroline Tjelle

HONOR ROLL

3rd Grade

Creighton Burke
Coralyn Casady
John Chesnut
Tesla Foster
Benjamin Ham
Carabella Harris
Brantley Hawkins
William Hill
Isaiah Hodge
Johnathan Lynch
Addison Masoner

Gracie McCrackin
Leam McCrackin
Dee Newton
Parker Reid
Maxwell Richardson
Adelaide Root
Chloe Spake
Remington Stevens
Beau Theis
Malena Tjelle
Emma Willoughby

4th Grade

Alesha Bilbruck
Ace DePriest
Skylar Greer
Charles Guyer
Liam Helderman
Emmalyn Hill
Carson Horalek
Brody Iske
Charlette James
Connor Knowles
Benjamin Miller
Elijah Seckel
Chloe Stubbs
Jaxson Wagers
Billy Williams
Ronny Wren
Boyd Yarc
Wiley Yarc

5th Grade
Meagan Ball
Loretta Buckler
Ehven Claxon
Rylee DePriest
Sophi Fogal
Brilynn Frizell
Justin Gramer
Emma Ham
Gage Hansen-Menke
Jaxon Hess
Kelsea Irvin
Malachi Johnson
Brooklyn Kruse
Levi Lingle
Adilynn Meyers
Mariesa Navarro
Blair Richardson
Kinley Richardson
Charles Root
Betsy Schmidt
Terry Scoggins III
Ezekiel Scott
Aria Stancil
Brady Stubbs
Richard Sule
MacKenzie Wagers
Faith Zweibohmer



Fall Sports Awards 2022

SOFTBALL AWARDS

Jaylin Burgess, Senior... 1st Team All District, KCI Conference 1st Team, 1st Team All Region, 2nd Team All State
Carly Hinton, Senior... 1st Team All District, KCI Conference 1st Team, 1st Team All Region, 2nd Team All State
Olivia Rogers, Senior... 1st Team All District, KCI Conference 1st Team, 1st Team All Region, 1st Team All State
Scarlett Slugantz, Senior... 2nd Team All District
Courtney Dehn, Junior... 2nd Team All District
Kenedie Summers, Junior... 1st Team All District
Camryn Kersten, Sophomore... 1st Team All District, KCI Conference Honorable Mention, 1st Team All Region
Brooke Kretzer, Sophomore... 2nd Team All District
Lindsay Ramsey, Sophomore... 1st Team All District, KCI Conference Honorable Mention, 2nd Team All Region
Kate Wolf, Freshman... 1st Team All District, 2nd Team All Region

CROSS COUNTRY AWARDS

****Denotes individuals who qualified for state**

Girls Team

Audrey Buckler, Senior
**Jessa Cassity, Senior... All District, All Conference
**Lonee French, Senior... All District, All Conference
Bella Kitmitto, Senior
**Shelby Lingle, Senior... All District, All Conference
Brooke Meadows, Senior
Alaina Scroggins, Senior... All District
Caitlyn Cummings, Junior
**Brianna DeBord, Sophomore... All District, All Conference
Kylee Sipes, Sophomore
**Chloe Heckman, Freshman... All District, All Conference
Lily Schaffart, Freshman

Boys Team

Wesley Meadows, Senior
**Josh Schaffart, Senior... All District, All Conference
Wyatt Stapleton, Senior
**Noah Heckman, Junior... All District, All Conference
Mark Humes, Junior
Waylong McCracken, Sophomore
Jackson Cassity, Freshman
**Drake Keraus, Freshman... All District
**Hunter Palmer, Freshman... All District

★ Congratulations ★

Girls & Boys Cross Country Teams

KCI Conference Champs
&
District Champs

Girls Class 2 State Champions

Boys Class 2 4th Place!!!

Volleyball Awards

Kylie Sipes, Sophomore... All District Honorable Mention, All Conference Honorable Mention

Football Awards

Seth Cruz, Senior... All Conference Honorable Mention Defensive End, Honorable Mention Guard
Kaden Mullendore, Senior... All Conference 1st Team Wide Receiver, Honorable Mention Safety
Chance Garber, Junior... All Conference 2nd Team Linebacker
Hayden Gibson, Junior... All Conference 1st Team Defensive End, 2nd Team Tackle
Colton Kirkham, Junior... All Conference Honorable Mention Quarterback, Honorable Mention Safety
Liam Servaes, Junior... All Conference 1st Team Running Back, Honorable Mention Linebacker
Jesse Williams, Junior... All Conference Honorable Mention Defensive Tackle

State Cross Country Medalists

Jessa Cassity, Senior
Shelby Lingle, Senior
Brianna DeBord, Sophomore
Chloe Heckman, Freshman
Josh Schaffart, Senior
Noah Heckman, Junior

TRIVIA NIGHT



Friday, November 18, 2022

North Platte High School

REGISTRATION BEGINS AT 6 PM

TRIVIA STARTS AT 6:30 PM

\$10 PER PERSON WITH MAXIMUM OF 6 PER TEAM

FOR MORE INFORMATION CONTACT:

summer.richardson@nppanthers.org OR paula.johnson@nppanthers.org

**Sponsored by North Platte
FBLA & Academic Bowl Teams**



The North Platte High School and Junior High Student Councils are sponsoring a Food/Non-Perishable Item Drive November 28 thru December 16. The goal this year is 4000 for high school and 3000 for junior high. If you would like to help the students meet their goal, please contact the school at 816-450-3344.

Recommended items to donate include: Peanut Butter, Jelly, Vinegar, Sugar, Flour, Cooking Oil, Powdered Milk, Pancake Mix, Pancake Syrup, Ketchup, Mustard, Canned Tuna, Canned Chicken, Vienna Sausages, Spaghetti Sauce, Spaghetti Noodles, Macaroni Noodles, Diced Tomatoes, Tomato Sauce, Skillet Dinners (Hamburger Helper), Rice, Instant Potatoes, Canned Fruit, Soup, Ramen Noodles, Ravioli (Canned Italian), Stuffing Mix, Pork & Beans, Chili Beans, Dried White Beans, Sweet/Non-sweet Cereal, Mac & Cheese, Dish Soap, Body Soap, Shampoo, Tooth Paste, Tooth Brushes, Men's Deodorant, Women's Deodorant, Toilet Tissue, Facial Tissue (Kleenex), Paper Towels, Feminine Hygiene Product



We're excited to share that our school is part of the Coca-Cola Give program. This opens up North Platte School District to new funding opportunities to help improve learning environments for students. The best part? Donations don't come out of your own pocket. When you make Coca-Cola purchases, you simply enter the product codes at www.coke.com/give/schools and our school receives a donation. Help North Platte make the most of this program and learn more at Coke.com/give.

NORTH PLATTE PANTHERS

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Dearborn MO 64439

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